



Hope Recovery Community Center of Newport County
 50 Washington Square, Newport, RI 02840
 p: 401-324-5626 fb: @HopeNewportCounty
 w: hoperecoverycenter.org

March 2023
 Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday
27 Plan with Purpose 12-1p	28 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	1 V-Spanish AR 9:30-10:30a Why Be Well? 12-1p V-Smart Recovery 12-1p Mental Wellness 1:30-2:30p	2 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	3 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p
6 Plan with Purpose 12-1p	7 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	8 V-Spanish AR 9:30-10:30a Why Be Well? 12-1p V-Smart Recovery 12-1p Mental Wellness 1:30-2:30p	9 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	10 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p
13 Plan with Purpose 12-1p	14 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p V-LGBTQ+ 5-6p	15 V-Spanish AR 9:30-10:30a Why Be Well? 12-1p V-Smart Recovery 12-1p Mental Wellness 1:30-2:30p	16 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	17 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p
20 Plan with Purpose 12-1p	21 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	22 V-Spanish AR 9:30-10:30a Why Be Well? 12-1p V-Smart Recovery 12-1p Mental Wellness 1:30-2:30p	23 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	24 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p
27 Plan with Purpose 12-1p	28 Inspirational Intentions 10:30-12p Make Community Work 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	29 V-Spanish AR 9:30-10:30a Why Be Well? 12-1p V-Smart Recovery 12-1p Mental Wellness 1:30-2:30p	30 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	31 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p

All meetings are in person unless otherwise noted.

LEGEND:
 AR = All Recovery
 H = Hybrid (virtual or in person)
 V = Virtual

SAME ZOOM LINK EXCEPT SMART

<https://us02web.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462

CALL HOPE RECOVERY WARM LINE 401-324-5626 FOR PEER SUPPORT M-F 8AM-4PM
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT