



Hope Recovery Community Center of Washington County
 55 Beach St, Building #4, Westerly, RI 02891
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 e: hoperecoverywc@psnri.org w: hoperecoverycenter.org

August 2022
 Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
1 All Recovery 10-11a Recovery Dharma 12-1p Life Skills 1-2p AA Meditation 5:30-6:30p	2 Meditation 9-10a All Recovery 10-11a Women's AR 2-3p V-LGBTQ+ 5-6p	3 Yoga 9-10a V-Spanish AR 9:30-10:30a Wellness Art 10-11a Gong Bath 11-12p Recovery Dharma 12-1p V-Smart Recovery 12-1:30p All Recovery 2-3p	4 Meditation 9-10a All Recovery 10-11a Men's AR 11a-12p Women's AR 2-3p	5 All Recovery 10-11a Recovery Dharma 12-1p NA 3-4p	6/7 AA Newcomers Sunday 5-6p
8 CLOSED – HOLIDAY VICTORY DAY	9 Meditation 9-10a All Recovery 10-11a Women's AR 2-3p V-LGBTQ+ 5-6p	10 Yoga 9-10a V-Spanish AR 9:30-10:30a Wellness Art 10-11a Gong Bath 11-12p Recovery Dharma 12-1p V-Smart Recovery 12-1:30p All Recovery 2-3p	11 Meditation 9-10a All Recovery 10-11a Men's AR 11a-12p Women's AR 2-3p	12 All Recovery 10-11a Recovery Dharma 12-1p NA 3-4p	13/14 P-AA Newcomers Sunday 5-6p
15 All Recovery 10-11a Recovery Dharma 12-1p Life Skills 1-2p AA Meditation 5:30-6:30p	16 Meditation 9-10a All Recovery 10-11a Women's AR 2-3p V-LGBTQ+ 5-6p	17 Yoga 9-10a V-Spanish AR 9:30-10:30a Wellness Art 10-11a Gong Bath 11-12p Recovery Dharma 12-1p V-Smart Recovery 12-1:30p All Recovery 2-3p	18 Meditation 9-10a All Recovery 10-11a Men's AR 11a-12p Women's AR 2-3p	19 All Recovery 10-11a FREE HIV/HepC Testing 12-3p \$10 gift card with testing NA 3-4p	20/21 P-AA Newcomers Sunday 5-6p
22 All Recovery 10-11a Recovery Dharma 12-1p Life Skills 1-2p AA Meditation 5:30-6:30p	23 Meditation 9-10a All Recovery 10-11a Women's AR 2-3p V-LGBTQ+ 5-6p	24 Yoga 9-10a V-Spanish AR 9:30-10:30a Wellness Art 10-11a Gong Bath 11-12p Recovery Dharma 12-1p V-Smart Recovery 12-1:30p All Recovery 2-3p	25 Meditation 9-10a All Recovery 10-11a Men's AR 11a-12p Women's AR 2-3p	26 All Recovery 10-11a Recovery Dharma 12-1p NA 3-4p	27/28 P-AA Newcomers Sunday 5-6p
29 All Recovery 10-11a Recovery Dharma 12-1p Life Skills 1-2p AA Meditation 5:30-6:30p	30 Meditation 9-10a All Recovery 10-11a Women's AR 2-3p V-LGBTQ+ 5-6p	31 Yoga 9-10a V-Spanish AR 9:30-10:30a Wellness Art 10-11a Gong Bath 11-12p Recovery Dharma 12-1p V-Smart Recovery 12-1:30p All Recovery 2-3p	Sep 1	2	3/4

All meetings are in person unless otherwise noted.

LEGEND:
 AA = Alcoholics Anonymous
 AR = All Recovery
 NA = Narcotics Anonymous
 V = Virtual

SAME ZOOM LINK EXCEPT SMART

<https://us02web.zoom.us/j/hoperecovery> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462

CALL HOPE RECOVERY WARM LINE 401-598-6400 FOR PEER SUPPORT M-F 8AM-4PM
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT