



Hope Recovery Community Center of Newport County
 294 Valley Rd #6, Middletown RI 02842
 p: 401-324-5861 f: 401-324-7196 fb: @HopeNewportCounty
 e: hoperecovery@psnri.org w: hoperecoverycenter.org

November 2022
 Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
31 Monday Funday 11-1p All Recovery 2-3p	1 Women's AR 10-11a H-LGBTQ+ 5-6P	2 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	3 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p AA Hope for Today 6-7p	4 NAMI 10-11:30a H-Smart Recovery 12:30-2p All Recovery 2-3p	5/6
7 OPENING AT 2PM All Recovery 2-3p	8 Women's AR 10-11a H-LGBTQ+ 5-6p	9 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	10 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p AA Hope for Today 6-7p	11 Closed for Veteran's Day	12/13
14 Monday Funday 11-1p All Recovery 2-3p	15 Women's AR 10-11a H-LGBTQ+ 5-6p	16 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	17 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p AA Hope for Today 6-7p	18 NAMI 10-11:30a H-Smart Recovery 12:30-2p All Recovery 2-3p	19/20
21 Monday Funday 11-1p All Recovery 2-3p	22 Women's AR 10-11a H-LGBTQ+ 5-6p	23 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	24 Closed for Thanksgiving	25 NAMI 10-11:30a H-Smart Recovery 12:30-2p All Recovery 2-3p	26/27
28 Monday Funday 11-1p All Recovery 2-3p	29 Women's AR 10-11a H-LGBTQ+ 5-6p	30 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	Dec 1	2	

All meetings are in person unless otherwise noted.
LEGEND:
 AR = All Recovery
 H = Hybrid (virtual or in person)
 V = Virtual

SAME ZOOM LINK EXCEPT SMART
<https://us02web.zoom.us/my/hoperecovery> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462
 CALL HOPE RECOVERY WARM LINE 401-324-5861 FOR PEER SUPPORT M-F 8AM-4PM
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT