



Hope Recovery Community Center of Newport County  
 50 Washington Square, Newport, RI 02840  
 p: 401-324-5626 fb: @HopeNewportCounty  
 w: hoperecoverycenter.org

**January 2023**  
 Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>Closed for New Years</b>	3 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	4 V-AR en Español 9:30-10:30a Nourish Nutrition 12-1p Mental Wellness 1:30-2:30p	5 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	6 Why Worry? 12-1p V-Smart Recovery 12:30-2p Nurturing Resilience 1:30-2:30p
9 Plan with Purpose 12-1p	10 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	11 V-AR en Español 9:30-10:30a Nourish Nutrition 12-1p Mental Wellness 1:30-2:30p	12 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	13 Why Worry? 12-1p V-Smart Recovery 12:30-2p Nurturing Resilience 1:30-2:30p
16 <b>Closed for Martin Luther King Jr Day</b>	17 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p HOLIDAY CRAFTING 1:30-3p V-LGBTQ+ 5-6p	18 V-AR en Español 9:30-10:30a Nourish Nutrition 12-1p Mental Wellness 1:30-2:30p	19 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	20 Why Worry? 12-1p <b>Winter Warmth Event 1-3p</b> music, warm drinks & treats plus basic winter needs giveaway
23 Plan with Purpose 12-1p	24 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	25 V-AR en Español 9:30-10:30a Nourish Nutrition 12-1p Mental Wellness 1:30-2:30p	26 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	27 Why Worry? 12-1p V-Smart Recovery 12:30-2p Nurturing Resilience 1:30-2:30p
30 Plan with Purpose 12-1p	31 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	Feb 1	2	3

All meetings are in person unless otherwise noted.

LEGEND:  
 AR = All Recovery  
 H = Hybrid (virtual or in person)  
 V = Virtual

**SAME ZOOM LINK EXCEPT SMART**

<https://us02web.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234  
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462

CALL HOPE RECOVERY WARM LINE 401-324-5626 FOR PEER SUPPORT M-F 8AM-4PM  
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT