



Hope Recovery Community Center of Newport County  
 294 Valley Rd #6, Middletown RI 02842  
 p: 401-324-5861 f: 401-324-7196 fb: @HopeNewportCounty  
 e: hoperecovery@psnri.org w: hoperecoverycenter.org

**March 2023**  
 Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
27	28	1 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a H-SMART Recovery 12-1p	2 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	3 NAMI 10-11:30a	4/5 Circle of Parents 1-2:30p Saturday
6 Monday Funday 11-1p All Recovery 1:30-2:30p	7 All Recovery 10-11a H-LGBTQ+ 5-6p	8 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a H-SMART Recovery 12-1p	9 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	10 NAMI 10-11:30a	11/12 Circle of Parents 1-2:30p Saturday
13 Monday Funday 11-1p All Recovery 1:30-2:30p	14 All Recovery 10-11a H-LGBTQ+ 5-6p	15 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Food Recovery 11-12:30p (3 <sup>rd</sup> Wed monthly) H-SMART Recovery 12-1p	16 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	17 NAMI 10-11:30a	18/19 Circle of Parents 1-2:30p Saturday
20 Monday Funday 11-1p All Recovery 1:30-2:30p	21 All Recovery 10-11a H-LGBTQ+ 5-6p	22 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a H-SMART Recovery 12-1p	23 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	24 NAMI 10-11:30a	25/26 Circle of Parents 1-2:30p Saturday
27 Monday Funday 11-1p All Recovery 1:30-2:30p	28 All Recovery 10-11a H-LGBTQ+ 5-6p	29 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a H-SMART Recovery 12-1p	30 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	31 NAMI 10-11:30a	April 1/2

All meetings are in person unless otherwise noted.  
 LEGEND:  
 AR = All Recovery  
 H = Hybrid (virtual or in person)  
 V = Virtual

**SAME ZOOM LINK EXCEPT SMART**

<https://us02web.zoom.us/my/hoperecovery> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234  
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462

CALL HOPE RECOVERY WARM LINE 401-324-5861 FOR PEER SUPPORT M-F 8AM-4PM  
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT