



Hope Recovery Community Center of Newport County
 50 Washington Square, Newport, RI 02840
 p: 401-324-5626 fb: @HopeNewportCounty
 w: hoperecoverycenter.org

August 2022
 Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday
1 Plan with Purpose 12-1p	2 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	3 V-AR en Español 9:30-10:30a Nourish Nutrition 12-1p V-Smart Recovery 12-1:30p Mental Wellness 1:30-2:30p	4 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	5 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p
8 CLOSED – HOLIDAY VICTORY DAY	9 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	10 CLOSED FOR STAFF TRAINING	11 CLOSED FOR STAFF TRAINING	12 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p
15 Plan with Purpose 12-1p	16 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	17 V-AR en Español 9:30-10:30a Nourish Nutrition 12-1p V-Smart Recovery 12-1:30p Mental Wellness 1:30-2:30p	18 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	19 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p
22 Plan with Purpose 12-1p	23 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	24 V-AR en Español 9:30-10:30a Nourish Nutrition 12-1p V-Smart Recovery 12-1:30p Mental Wellness 1:30-2:30p	25 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	26 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p
29 Plan with Purpose 12-1p	30 Inspirational Intentions 10:30-12p Welcome Home 12:30-1:30p All Recovery 2-3p V-LGBTQ+ 5-6p	31 V-AR en Español 9:30-10:30a Nourish Nutrition 12-1p V-Smart Recovery 12-1:30p Mental Wellness 1:30-2:30p	Sep 1 Reflective Journaling 12-1p Wellness Art 1:30-2:30p All Recovery 2:30-3:30p	2 Why Worry? 12-1p Nurturing Resilience 1:30-2:30p

All meetings are in person unless otherwise noted.

LEGEND:
 AR = All Recovery
 H = Hybrid (virtual or in person)
 V = Virtual

SAME ZOOM LINK EXCEPT SMART
<https://us02web.zoom.us/my/hoperecovery> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462

CALL HOPE RECOVERY WARM LINE 401-324-5626 FOR PEER SUPPORT M-F 8AM-4PM
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT