



Hope Recovery Community Center of Newport County
 294 Valley Rd #6, Middletown RI 02842
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 e: hoperecovery@psnri.org w: hoperecoverycenter.org

January 2023
 Open Mon-Fri 8a-4p

Monday	Tuesday	Wednesday	Thursday	Friday	Sat/Sun
2 Closed for New Years	3 Women's AR 10-11a H-LGBTQ+ 5-6P	4 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	5 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	6 NAMI 10-11:30a H-Smart Recovery 12:30-2p All Recovery 2-3p	7/8
9 Monday Funday 11-1p All Recovery 2-3p	10 Women's AR 10-11a H-LGBTQ+ 5-6p	11 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	12 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	13 NAMI 10-11:30a H-Smart Recovery 12:30-2p All Recovery 2-3p	14/15
16 Closed for Martin Luther King Jr Day	17 Women's AR 10-11a H-LGBTQ+ 5-6p	18 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Food Recovery 11-12:30p (3 rd Wed monthly) Circle of Parents 1-3p	19 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	20 NAMI 10-11:30a Winter Warmth Event 1-3p at 50 Washington Square, Newport music, warm drinks & treats plus basic winter needs giveaway	21/22
23 Monday Funday 11-1p All Recovery 2-3p	24 Women's AR 10-11a H-LGBTQ+ 5-6p	25 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	26 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	27 NAMI 10-11:30a H-Smart Recovery 12:30-2p All Recovery 2-3p	28/29
30 Monday Funday 11-1p All Recovery 2-3p	31 Women's AR 10-11a H-LGBTQ+ 5-6p	Feb 1 V-Spanish AR 9:30-10:30a Spiritual Mindfulness & Healing 10-11a Circle of Parents 1-3p	2 Yoga 10-11a Recovery Dharma 11-12p Wellness Art 12-1p	1 NAMI 10-11:30a H-Smart Recovery 12:30-2p All Recovery 2-3p	2/3

All meetings are in person unless otherwise noted.
LEGEND:
 AR = All Recovery
 H = Hybrid (virtual or in person)
 V = Virtual

SAME ZOOM LINK EXCEPT SMART
<https://us02web.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 294 153 7242 or hoperecovery, code: 1234
 SMART: <https://smartrecovery.zoom.us/j/93492962462> or by phone: 301-715-8592, meeting ID: 934 9296 2462
 CALL HOPE RECOVERY WARM LINE 401-324-5861 FOR PEER SUPPORT M-F 8AM-4PM
 OR BH LINK 401-414-LINK (5465) FOR 24/7 MENTAL HEALTH AND/OR SUBSTANCE USE CRISIS SUPPORT